



*People in Progress,
Making a Difference*

Myers-Briggs Type Indicator® (MBTI®)

The Myers-Briggs Type Indicator® assessment represents a key means by which to better understand individual differences in the way we think and act and to apply this learning such that we are more effective in our interaction with others both as individuals and teams.

Since its inception the instrument has been continuously researched and updated the result of which is that the MBTI® assessment is now the most widely used personality instrument in the world. It is an excellent tool by which to gain insight into the personalities and preferences of individuals and teams ... thus providing leaders and colleagues with the opportunity to learn more about their co-workers and to more effectively develop plans for ongoing professional development.

Content Overview

MBTI® Individual Profiles Session:

- In this half day session participants learn about the MBTI model and receive an individual report that indicates the reported type of the individual; explains their preferences; provides a listing of characteristics frequently associated with their type; contains an easy-to-read graph displaying their preference clarity index; includes refined descriptions of the 16 types and highlights the strengths & needs associated with each type of individual.

MBTI® Team Report Session:

- In addition to the above noted individual report and information this full day session provides a description of the group's type; highlights its' strengths and weaknesses; identifies its' problem-solving and conflict management styles; offers a personalized action plan to improve team productivity; explains similarities and differences amongst team members; and suggests means by which to build an effective, productive, and satisfied team. Each participant receives, in addition to their individual report, a team report which provides the team MBTI information and how this information might impact each individual based on his or her MBTI type.

Program Details

Game Length: 1/2 Day (Individual) or Full Day (Team)

Number Of Participants: 6 – 24

Outcomes

Participants will learn how to:

- Better understand and appreciate how they & fellow team members ... think, communicate and interact.
- Approach their work, and interaction with others, in a manner that best suits their personality preferences & supports team success.
- In the team session team's can explore areas of conflict within the team in a range of objective, behaviour based team building activities.